



SCHAEFER YMCA
PROGRAM
707-579-9558

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BELONG BECOME BE EXTRAORDINARY

YMCA BEFORE & AFTERSCHOOL PROGRAMS

At YMCA before & afterschool programs, we seek to expand children's potential by providing a safe, supportive, creative, and fun environment in which they can develop socially, intellectually, physically, and emotionally.

- Multiple locations throughout Sonoma County
- All YMCA program staff are CPR & First-Aid Certified
- YMCA program staff are trained in child abuse awareness and prevention
- Staff to student ratio is 1:14
- Enrichment activities include: STEM, cooking & nutrition, dramatic play, and art projects
- Kindergarteners are picked up by YMCA staff at their classroom
- A healthy snack is served daily, based on Healthy Eating & Physical Activity (HEPA) standards
- Homework help includes reading and literacy support
- Weekly exercise and active play curriculum include Food and Fun, CATCH & SPARK, & Power Play!

CONTACT THE SONOMA COUNTY FAMILY YMCA
PROGRAM OFFICE FOR INFO OR REGISTRATION
1207 College Ave, Santa Rosa, CA 95404
P 707-544-1829 F 707-544-7805 www.scfymca.org

The Y is a non-profit and community driven organization. Financial Assistance is available.

